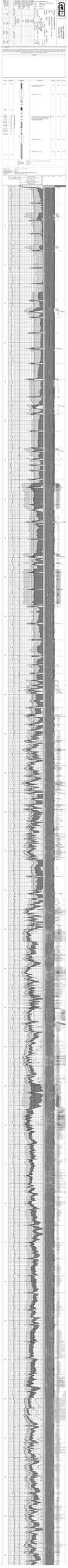

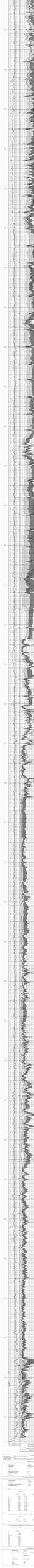

Sleep Stage
Body Position
Snoring Episodes
Periodic Limb Movement
Respiratory Disturbance
Oximetry
Pulse Rate
Numeric Data

Sleep Architecture

Total Recording Time (TRT)	480.0 min	
Total Sleep Time (TST)	391.5 min	
Sleep Efficiency	81.6 %	
Sleep Latency	15.5 min	
REM Latency	97.5 min	
Wake After Sleep Onset (WASO)	73.0 min	
Arousal Index	10.7 /hr	
Sleep Stage Shifts	39	

Sleep Stages (Duration and % of TST)

Wake	88.5 min	22.6 %
N1	19.5 min	5.0 %
N2	214.5 min	54.8 %
N3	0.0 min	0.0 %
REM	69.0 min	17.6 %

Body Position (Duration and % of TST)

Supine	391.5 min	100.0 %
Prone	0.0 min	0.0 %
Left	0.0 min	0.0 %
Right	0.0 min	0.0 %
Upright	0.0 min	0.0 %

Snoring Episodes

Snoring Episodes	0
Snoring Index	0.0 /hr

Periodic Limb Movement

PLM Index	0.0 /hr
PLM Arousal Index	0.0 /hr

Respiratory Disturbance Index

	Supine	Prone	Left	Right
Apnea	0.0	0.0	0.0	0.0
Hypopnea	0.0	0.0	0.0	0.0
Mixed Apnea	0.0	0.0	0.0	0.0
RDI	0.0	0.0	0.0	0.0

Oximetry

	Supine	Prone	Left	Right
Mean	94.0	0.0	0.0	0.0
Minimum	88.0	0.0	0.0	0.0
Maximum	99.0	0.0	0.0	0.0
90%	0.0	0.0	0.0	0.0
80%	0.0	0.0	0.0	0.0
70%	0.0	0.0	0.0	0.0
60%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	0.0
40%	0.0	0.0	0.0	0.0
30%	0.0	0.0	0.0	0.0
20%	0.0	0.0	0.0	0.0
10%	0.0	0.0	0.0	0.0

Pulse Rate

	Supine	Prone	Left	Right
Mean	70.0	0.0	0.0	0.0
Minimum	58.0	0.0	0.0	0.0
Maximum	89.0	0.0	0.0	0.0

Numeric Data (Duration and % of TST)

	Supine	Prone	Left	Right
Wake	88.5 min 22.6 %	0.0 min 0.0 %	0.0 min 0.0 %	0.0 min 0.0 %
N1	19.5 min 5.0 %	0.0 min 0.0 %	0.0 min 0.0 %	0.0 min 0.0 %
N2	214.5 min 54.8 %	0.0 min 0.0 %	0.0 min 0.0 %	0.0 min 0.0 %
N3	0.0 min 0.0 %	0.0 min 0.0 %	0.0 min 0.0 %	0.0 min 0.0 %
REM	69.0 min 17.6 %	0.0 min 0.0 %	0.0 min 0.0 %	0.0 min 0.0 %

Respiratory Disturbance Index

	Supine	Prone	Left	Right
Apnea	0.0	0.0	0.0	0.0
Hypopnea	0.0	0.0	0.0	0.0
Mixed Apnea	0.0	0.0	0.0	0.0
RDI	0.0	0.0	0.0	0.0

Oximetry

	Supine	Prone	Left	Right
Mean	94.0	0.0	0.0	0.0
Minimum	88.0	0.0	0.0	0.0
Maximum	99.0	0.0	0.0	0.0
90%	0.0	0.0	0.0	0.0
80%	0.0	0.0	0.0	0.0
70%	0.0	0.0	0.0	0.0
60%	0.0	0.0	0.0	0.0
50%	0.0	0.0	0.0	0.0
40%	0.0	0.0	0.0	0.0
30%	0.0	0.0	0.0	0.0
20%	0.0	0.0	0.0	0.0
10%	0.0	0.0	0.0	0.0

Pulse Rate

	Supine	Prone	Left	Right
Mean	70.0	0.0	0.0	0.0
Minimum	58.0	0.0	0.0	0.0
Maximum	89.0	0.0	0.0	0.0